

MENTAL HEALTH
AND RECOVERY
BOARD



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Offering Rays of Hope

December 2016 Newsletter



WISHING YOU A MERRY
CHRISTMAS!

*The Mental Health &
Recovery Board*



This newsletter marks the beginning of an updated digital newsletter format to provide readers with important news and updates regarding mental health and addiction services in Ashland County



State Trauma Coordinator in the Spotlight



Kim Kehl, the person who is coordinating and promoting trauma-informed care in Ohio, is featured in the Member Spotlight of the Academy of Violence and Abuse (AVA). The AVA is an international organization whose mission is to "advance health education and research on the recognition, treatment, and prevention of the health effects of violence and abuse across the lifespan". [Click Here](#) to read more about the great work being done by Kim and his partners in Ohio.

Holiday Stress and Children

Most of us understand that, while the holidays can be a time of excitement, family gatherings and celebration it can also be a stressful time, even for children. [Click Here](#) for resources parents may use to help children manage the complex challenges that sometimes emerge during this busy season.



New Report on Residential Treatment for Youth

After many months of review and collaboration with experts and advocates, Disability Right Ohio today issued a report examining Ohio's approach to residential treatment services for youth. The report, "**Treatment Instead of Trauma: Examining Residential Treatment for Ohio's Youth**", provides a detailed review of the barriers to effective treatment that currently exist in Ohio, and offers specific recommendations for improvement.

Disability Right's Ohio report complements many of the June 2016 recommendations provided by the Joint Legislative Committee on Multi-System Youth but focuses more on the development of greater community based services to prevent unnecessary residential placements.



No-Cost Trauma Training January 5th 2017



Center.
Counselors
Workers.

It's not too late to register for "**Trauma-Informed Crisis Intervention**" w/Dr. Eric Gentry. Whether you work in corrections, law enforcement or as a mental health/addictions professional, this training will provide valuable skills in how to de-escalate aggressive behaviors and situations while maintaining maximal functioning and control during these times. Register **TODAY** by going to www.ashlandmhrb.org/TraumaCIT or call 419.281.3139.

This 3 hour and 45 minute training is offered at NO-Cost to participants. It will be available at two different times on **January 5, 2017** at Ashland University Convocation

3.75 CEU's are available for
and Social

Upcoming Events



For Upcoming Events and Trainings please [click here](#)

